

**2019 Union County Interscholastic Athletic Conference
All-Union County Boys Cross Country Teams**

First Team

Runner	School
Maximus Russo	Oratory Prep
Will Loggia	Westfield
Myles Plummer	Union Catholic
Kevin Yucetepe	Westfield
Christian Cadmus	New Providence
Jack Maranz	Westfield
Will McGlynn	Westfield
Zachary Spergel	Westfield

Second Team

Runner	School
Alex Maurillo	Westfield
Hunter Cromwell	Linden
Matt Fridel	Summit
Warren Hansen	Summit
Jonathan Givelber	Westfield
Brendan Driscoll	Summit
Matthew Timoney	Summit
Michael Laskowski	Rahway

Third Team

Runner	School
Matt Granizo	Union Catholic
Jacob Pantoya	Summit
Alex Aranas	Governor Livingston
Anthony Bueno	Elizabeth
Daniel Galao Birkmann	Jonathan Dayton
Tim Buchan	Summit
Christopher Marinko	Governor Livingston
Gerardo Quaglia	Elizabeth

Runners of the Year

Christian Cadmus	New Providence
Maximus Russo	Oratory Prep

Team of the Year

Westfield

Coach of the Year

Chris Coughlin	Governor Livingston
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**2019 Union County Interscholastic Athletic Conference
All-Union County Girls Cross Country Teams**

First Team

Runner	School
Abby Granrath	Union Catholic
Leena Morant	Union Catholic
Miranda Lorsbach	Kent Place
Olivia Zambrio	Scotch Plains-Fanwood
Kathryn Power	Union Catholic
Lara Cota	Summit
Caroline Collins	Westfield
Clare Kelly	New Providence

Second Team

Runner	School
Samantha Salz	Westfield
Meghan Kelly	Summit
Gabby Crona	Scotch Plains-Fanwood
Victoria Vanriale	Governor Livingston
Caroline Moy	Summit
Stacey Salz	Westfield
Katya Wardle	Summit
Emily DiSarno	Westfield

Third Team

Runner	School
Jane Freeman	Summit
Catherine Gilhuley	Kent Place
Elizabeth Athaide	Oak Knoll
Niya Barden	Rahway
Elsa Spoor	Union Catholic
Maameyaa Nyinah	Union Catholic
Caroline McCann	Summit
Lindsay Hausman	Kent Place

Runner of the Year

Miranda Lorsbach	Kent Place
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Team of the Year

Union Catholic

Coach of the Year

Dave Field	Summit
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**2019 Union County Conference
First Team All-Watchung Division
Boys Cross Country Team**

Runner	School
Zachary Spergel	Westfield
Alex Maurillo	Westfield
Matt Granizo	Union Catholic
Jacob Pantoya	Summit
Luke Mauriello	Summit
Ben Hacker	Westfield
Matt Fridel	Summit
Colman Scanlan	Westfield
Kevin Yucetepe	Westfield
Tim Buchan	Summit

**2019 Union County Conference Watchung Division
Boys Cross Country Honorable Mention**

Runner	School
Myles Plummer	Union Catholic
Warren Hansen	Summit
Charlie Stock	Westfield
Matthew Timoney	Summit
Zach Turner	Union Catholic
Brendan Driscoll	Summit
Declan O'Connor	Westfield
Teddy Robertson	Summit
Miles Roper	Scotch Plains-Fanwood

**2019 Union County Conference
First Team All-Mountain Division
Boys Cross Country Team**

Runner	School
Maximus Russo	Oratory Prep
Christian Cadmus	New Providence
Joseph Frank	Governor Livingston
Michael Laskowski	Rahway
Alex Aranas	Governor Livingston
Christopher Marinko	Governor Livingston
Kyle Tierney	New Providence
Brandon Woods	Governor Livingston
Gerardo Quaglia	Elizabeth
Phillip Reguinho	Elizabeth

**2019 Union County Conference Mountain Division
Boys Cross Country Honorable Mention**

Runner	School
Anthony Bueno	Elizabeth
Aidan Maguire	Governor Livingston
Aidan Linde	Governor Livingston
David Aprill	New Providence
Jared Beaudoin	New Providence
Juan Foronda	Elizabeth
Brian McGrath	Governor Livingston
Dylan Chudzik	Union

**2019 Union County Conference
First Team All-Valley Division
Boys Cross Country Team**

Runner	School
Hunter Cromwell	Linden
Nelly Thebaud	Linden
Daniel Galao-Birkmann	Jonathan Dayton
Patrick Murray	Koinonia Academy
Colin Riley	Jonathan Dayton
Tyree Worobetz	A.L. Johnson
Harrison Turner	Jonathan Dayton
Akeem Orelie	Hillside
Ian McLeer	Jonathan Dayton
Luke Hernandez	Jonathan Dayton

**2019 Union County Conference Valley Division
Boys Cross Country Honorable Mention**

Runner	School
Matthew Kowalenko	A.L. Johnson
Jorge Flechas, III	Linden
Jaydan Martinez	Jonathan Dayton
Allen Elome	Linden
Jordan Frei	Jonathan Dayton
Darnel Therjuste	Linden
John Conant	Koinonia Academy

**2019 Union County Conference
First Team All-Watchung Division
Girls Cross Country Team**

Runner	School
Leena Morant	Union Catholic
Abby Granrath	Union Catholic
Caroline Moy	Summit
Olivia Zambrio	Scotch Plains-Fanwood
Meghan Kelly	Summit
Kathryn Power	Union Catholic
Samantha Salz	Westfield
Stacey Salz	Westfield
Caroline Collins	Westfield
Katya Wardle	Summit

**2019 Union County Conference Watchung Division
Girls Cross Country Honorable Mention**

Runner	School
Sofia Monserrat	Summit
Maameyaa Nyinah	Union Catholic
Elsa Spoor	Union Catholic
Elizabeth Bielen	Westfield
Gabby Crona	Scotch Plains-Fanwood
Victoria Vanriele	Governor Livingston
Lara Cota	Summit
Jane Freeman	Summit
Emily DiSarno	Westfield

**2019 Union County Conference
First Team All-Mountain Division
Girls Cross Country Team**

Runner	School
Miranda Lorsbach	Kent Place
Clare Kelly	New Providence
Catherine Gilhuley	Kent Place
Elizabeth Athaide	Oak Knoll
Abbey Hochreiner	Jonathan Dayton
Catriona Corbett	Jonathan Dayton
Phoebe Eccles	Kent Place
Lindsay Hausman	Kent Place
Hannah Ocello	New Providence
Juliana Lapara	New Providence

**2019 Union County Conference Mountain Division
Girls Cross Country Honorable Mention**

Runner	School
Julia Hulse	Cranford

**2019 Union County Conference
First Team All-Valley Division
Girls Cross Country Team**

Runner	School
Niya Barden	Rahway
Sofia Azinheira	Union
Jennifer Bueno	Elizabeth
Chioma Iroka	Union
Angelica DeStefano	Union
Uju Nwanonyiri	Union
Lesley Cordova	Elizabeth
Kiara Franco	Elizabeth
Skye Marshall	Rahway
Sandra Mieses	Elizabeth

**2019 Union County Conference Valley Division
Girls Cross Country Honorable Mention**

Runner	School
Emeline Morales	Elizabeth
Rachel De La Cruz	Elizabeth
Diana Bonola	Rahway
Anaya Jennings	Rahway
Rai Goodman	Rahway
Sheily Chay	Elizabeth
Samantha Castillo	Elizabeth
Isabel Chango	Koinonia Academy
Tahasia Thomas	Roselle
Roneeshah Losier	Linden
Melina Coleman	Plainfield